

April 2014

CONGREGATE

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheese Pizza Stewed Tomatoes & Peppers Tossed Green Salad Pizza Crust Pineapple	2 Stuffed Cabbage Rolls Stewed Tomatoes Succotash -Baby Lima Beans & Corn Wild Rice Whole Grain Roll Fresh Orange	3 French Dip Sandwich Potato Wedges Spinach Salad WG Bun Grapes	4 Off
7 Roast Pork w/Cranberry Glaze Baked Sweet Potatoes Cauliflower WG Bread Applesauce Vanilla Pudding	8 Lasagna w/Marinara Sauce Squash Medley Mixed Greens Salad Garlic Bread Plums	9 BBQ Pork Sandwich Baked Beans Cole Slaw WG Bun Fresh Orange	10 Lemon Dijon Chicken Roasted Red Potatoes Broccoli & Cauliflower Au Gratin Corn Muffin Apricots Lemon tart	11 Off
14 Beef Tips Over Noodles Peas & Carrots Mixed greens WW Bread Strawberries	15 Macaroni & Cheese Green Beans Spinach Salad WG Roll Plums	16 Turkey & Cheese Sandwich Potato & Leek Soup 3 Bean Salad Glazed Beets WG Bread Melon Medley	17 Herb Baked Chicken Sweet Potato Steamed Broccoli Corn Bread Fresh Orange Birthday Cake	18 Off
21 Ground Beef w/Gravy Mashed Potatoes California Blend Vegetables Biscuits Fruit Salad Pudding	22 Grilled Ham & Cheese Skillet Red Potatoes w/Peppers Citrus Slaw WG Bread Fresh Grapes	23 Tuna Patties Steamed Broccoli 7 Layer Salad WG Roll Apples	24 Chicken Tenderloins in Plum Sauce Chinese Fried Rice Oriental Vegetables Egg Roll Mandarin Oranges Fortune Cookie	25 Off
28 Meat Loaf Parsley Potatoes Glazed Carrots Cucumber Tomato Salad WG Roll Peaches & Cream	29 Beef Fajitas w/Peppers WW Flour Tortilla Fiesta Bean Salad Diced Cabbage & Tomato Spanish (Brown) Rice Apricots	30 Spaghetti and Meatballs Squash Medley Mixed Green Salad WG Garlic Bread Mixed Fruit	31	

MEALS ARE PARTIALLY FUNDED BY NACOG AND DES